

Continental Breakfast Menu

Freshly Squeezed Orange Juice
Grapefruit Juice

Apple Juice

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Whole Grapefruit Segments  
Seasonal Melon

Fresh Orange Segments  
Marinated Prunes

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Selection of Yoghurts
(Natural and Mixed Fruits)

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Selection of Cereals to choose from:-

Cornflakes, All Bran Original, Muesli, Bran Flakes,  
Weetabix. (Contains: Wheat, Barley)

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Freshly Made Scones, Croissants, Brown Bread,
Warm Toast (Wheat, Milk, Eggs)

Selection of Confitures

Marmalade, Strawberry, Raspberry

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Tea/Coffee/Cappuccino/Latte available.

## Full Irish Breakfast

Hot Porridge Oatmeal

Served with Fresh Cream and Honey (Oats, Milk)

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Bacon, Egg, Sausage, White Pudding,

Hash Browns, Sauteed Mushrooms (Oats, Wheat, Sulphites)

How do you like your Eggs?

Poached, Scrambled, Fried, Boiled. (Sulphites, Eggs)

OR

Grilled Kippers

Served with a Wedge of Lime (Fish)

OR

Egg Benedictine.

Poached Eggs Served on Grilled Crostini with Ham,

Glazed with Hollandaise Sauce. (Eggs, Wheat, Nuts,

Sesame Seeds)

OR

Grilled Goat's Cheese

Served with Red Onion Confit, Roasted Cherry Tomatoes

Honey Yoghurt Dressing (Milk, Wheat, Eggs, Sulphites)

OR

Pancakes

Served with Maple Syrup or with Hazelnut Chocolate Syrup

(Eggs, Milk, Soya, Wheat, Nuts)

OR

Vegetarian

Selection of Sauteed Mushrooms with Cherry Tomatoe

Served on Grilled Focaccia Bread

(Wheat, Nuts, Sesame Seeds, Milk)

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Tea/Coffee/Cappuccino/Latte available.

If you have a food allergy or a special dietary requirement,  
please inform a member of the hospitality team.